

Psychiatry and Psychology Grand Rounds

CloudCME ID: 2725

Text ID to: 844-939-3950 (your email must be paired)

DATE: August 06, 2026

TIME: 12:00 PM - 1:00 PM

LOCATION: Virtual Teams

TOPIC(S) OR TITLE: Psychiatry and Psychology Grand Rounds - 8/6/2026

FACULTY:

Elean M Dooley, MSW

Social Worker

Allina Unity Mercy

Cade Kerry, LICSW

Therapist

Allina Health, Mery Unity, Adolescent Day TX/IOP and PHP

	Gender	Age of Patient	Condition/Topic
1			
2			
3			
4			
5			

OVERVIEW/PURPOSE STATEMENT:

One-hour virtual lecture offered by internal and external speakers on topics related to ethics, diversity and emerging research etc. in the Mental Health field.

OVERALL OBJECTIVES:

- 1 Describe two evidence based treatments for the management of mental health disorders in the outpatient setting
- 2 Identify two reasons for use of measurement informed care during a course of evidence based care of mental health disorders
- 3 Identify two validated instruments used in MIC of mental health disorders

ACCREDITATION AND DESIGNATION STATEMENT:

Allina Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The individual is responsible for determining whether this activity meets the requirements for acceptable continuing education for their discipline. In addition, you may be required to provide proof of attendance to the board upon request such as certificate, handout, agenda, etc. You should claim only those hours spent in the educational program.

Physicians: Allina Health designates this Live Activity, Enduring Material for a maximum of 1.00 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Regularly Scheduled Series

Continuing Medical Education (CME)



Non-Physicians: Allina Health designates this Live Activity, Enduring Material for a maximum of 1.00 AMA PRA Category 1 Credit(s)[™].

Minnesota Board of Nursing: This activity has been designed to meet the Minnesota Board of Nursing continuing education requirements for 1.00 hours of CEU. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Minnesota Board of Psychology: This activity has been designed to meet the Minnesota Board of Psychology continuing education requirements for 1.00 Psychology credits.

Minnesota Board of Social Work: This activity has been designed to meet the Minnesota Board of Social Work continuing education requirements for 1.00 Social Work credits.

DISCLOSURE POLICY AND STATEMENTS:

Allina Health, Office of Accreditation intends to provide balance, independence, objectivity, and scientific rigor in all of its educational activities and will adhere to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. The ACCME defines an ineligible company as "any entity" whose primary business is producing, marketing, re-selling, or distributing health care products/services used by or on patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests - unless the provider of clinical service is owned, or controlled by, an ACCME-defined ineligible company.

Any individual in a position to control the content of a CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests) that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended. All relevant financial relationships/conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kathryn M Anderson, LICSW	Planning Committee Member	Nothing to disclose - 12/22/2025
Patty Castellanos, PhD	Planning Committee Member	Nothing to disclose - 12/16/2025
Elean M Dooley, MSW	Faculty	Nothing to disclose - 06/22/2026
Daniel B Hurley, PhD, LP	Planning Committee Member	Nothing to disclose - 12/22/2025
Cade Kerry, LICSW	Faculty	Nothing to disclose - 06/16/2026
Mary Beth Lardizabal, DO, DFAPA	Lead Physician	Nothing to disclose - 05/27/2026
Laura LeMieux, Other	Activity Coordinator	Nothing to disclose - 01/06/2026
Danielle B Morgan-Goerke, DO	Planning Committee Member	Nothing to disclose - 12/29/2025
Jenna Triscari, LICSW	Planning Committee Member	Nothing to disclose - 01/12/2026
Heidi Woodland-Leine, Other	Planning Committee Member	Nothing to disclose - 02/06/2026
Shannon T Woulfe, PhD, LP	Planning Committee Member	Nothing to disclose - 12/03/2025